



# RIALTO UNIFIED SCHOOL DISTRICT

## Health Teacher Job Description

### DEFINITION

Under general supervision, teaches one or more classes in the field of health to students in 9<sup>th</sup> grade, assists in other school programs as assigned, and creates a flexible program and environment favorable to learning and personal growth with each student's ability.

### ESSENTIAL DUTIES

- Teaches knowledge and skills in health education to students utilizing the course of study prescribed by the District approved curriculum.
- Instructs students in citizenship and basic subject matter specified in state law and administrative regulations and procedures of the school district.
- Develops instructional plans and organizes class time to provide a balanced program of instruction, demonstration, and working time.
- Provides individual and small group instruction in order to adapt curriculum to the needs of the students with varying intellectual abilities, and to accommodate a variety of instructional activities.
- Evaluates each student's performance and growth in knowledge and understanding, and prepares progress reports.
- Establishes and maintains standards of student behavior required to provide an orderly and productive environment.
- Instructs students in proper care and use of materials and equipment and organizes storage areas and controls use of materials to prevent loss or abuse.
- Selects and requisitions instructional materials, books, etc., and maintains inventory records.
- Maintains professional competence through in-service education activities provided by the District and/or in self-selected professional growth activities.
- Participates cooperatively with the appropriate administrator to develop the method by which he/she will be evaluated in conformance with district guidelines.
- Communicates with parents and school counselors on student progress.
- Cooperates in school-wide supervision of students during out-of-classroom activities.
- Participates in faculty and/or District committees and the sponsorship of student activities.

### QUALIFICATIONS

#### Knowledge of:

- Thorough knowledge of scientific principles and practices relative to a comprehensive program of health education, as required by approved course of study.

#### Ability to:

- Modify instruction to meet student needs.
- Cooperate with the school faculty and administration in the development of an articulated program of instruction.
- Understand physical, intellectual, social, and emotional growth patterns of student.

#### Experience and Education:

- Possession of a valid California Single Subject Credential in Health and EL certificate.
- Fingerprints on file as required by State Law.
- TB Skin Test as required by State Law.

### PHYSICAL DEMANDS

#### Physical class:

**Moderate** - lifting 50 pounds maximum with frequent lifting and/or carrying objects weighing up to 25 pounds.

#### Work area requirements:

Regular or specialized classroom, on the playground, parking lot, bus stop areas and possibly field trips. Ability to use common school hand tools, computer, telephone and photocopy machine. Ability to transverse a 40 acre campus which could include asphalt, sidewalks, grass on playgrounds, dirt, and bus areas.

**Physical requirements:**

The time requirements are listed considering this wording and meaning:

|                                  |                                     |  |
|----------------------------------|-------------------------------------|--|
| Occasionally/Low - up to 3 hours |                                     |  |
| Frequently/Medium - 3 to 6 hours |                                     |  |
| Constantly/High - 6 to 8 hours   |                                     |  |
| Stooping: Frequently             | Carrying: Constantly                |  |
| Bending: Constantly              | Standing: Frequently                |  |
| Keyboarding: Occasionally        | Lifting: Occasionally               |  |
| Kneeling: Occasionally           | Reaching: Occasionally - Frequently |  |
| Sitting: Occasionally            | Handing: Constantly                 |  |
| *Driving: Occasionally           | Grasping: Constantly                |  |
| Walking: Constantly              | Fingering: Constantly               |  |
|                                  | Push/Pull: Occasionally             |  |

***\*Possession of a current California Driver's license, a DMV printout and the ability to be covered by the company auto insurance is required.***

**Frequent motion:**

|                                                 |                                           |
|-------------------------------------------------|-------------------------------------------|
| Twisting: Constantly                            | Reaching to shoulder level: Occasionally  |
| Wrist flexion: Constantly                       | Forward shoulder/neck flexion: Frequently |
| Reaching to above shoulder level: Occasionally  | Elbow flexion/extension: Constantly       |
| Reaching below shoulder level: Yes - Constantly |                                           |

**Sensory requirements:**

|                             |                              |
|-----------------------------|------------------------------|
| Ability to see: Constantly  | Ability to smell: Constantly |
| Ability to hear: Constantly | Ability to touch: Constantly |
| Ability to talk: Constantly |                              |

**Must be able to deal with these environmental considerations:**

|                                |                                                            |
|--------------------------------|------------------------------------------------------------|
| Odor: Occasionally             | Fluorescent lights: Constant                               |
| Noise: Medium                  | Floor may be slippery at times: Medium                     |
| Humidity: Low                  | Working in close quarters with others: Medium              |
| Moisture: Occasionally         | All day long; 36 desks in room - crowded/Constantly        |
| Working inside: 95% of the day | Heat - Do not have own controls; some teachers can control |
| Working outside: 5% of the day |                                                            |

**This job requires:**

|                                                                             |                              |
|-----------------------------------------------------------------------------|------------------------------|
| Alertness: Yes                                                              | The use of two hands: No     |
| Attention to detail: Yes                                                    | Recall of names & dates: Yes |
| Ability to work in temperatures down to 40 degrees & up to 110 degrees: Yes |                              |

**Ability to deal with psychological factors:**

|                                                              |                                  |
|--------------------------------------------------------------|----------------------------------|
| Team work: High                                              | Repetitive tasks: High           |
| Frustration: High                                            | Level of responsibility: High    |
| Able to work overtime as needed: Over 3 hours per day        | Must keep up with schedule: High |
| Dealing with angry teachers, students, parents: Occasionally |                                  |

**Physiological Factors:**

|                                                                               |
|-------------------------------------------------------------------------------|
| Must maintain a high level of consciousness: High, all day long               |
| Orientation to time, place, or person: Yes                                    |
| Ability to read at 12 <sup>th</sup> grade level: Yes                          |
| Able to keep up a high level during the shift: Yes, 5-6 minute passing period |